

# LOVE & ROCKETS

FOOD MENU 12PM - 10PM

## Loaded fries

Salt & pepper (ve)	£3
Katsu chicken curry	£3.5
Spicy chilli beef w/nacho cheese	£4.5
Pizza fries w/pepperoni & mozza	£4.5

## Nachos (*guacamole / sour cream / salsa*)

L&R Nachos (V)	£6
Chilli nachos	£8
Vegan chilli bean nachos (ve)	£8
Pulled pork nachos	£8

## Wings / Tenders / Ribs (*w/ sesame seeds*)

-choose your meat & topping:

Salt & pepper	£6
Sticky teriyaki	£6
Spicy buffalo	£6

## Small Plates

Salt & pepper halloumi fries (V)	£5
Onion rings (ve)	£3
Macaroni Cheese (V)	£6
House slaw (ve)	£4

## Burgers (*pretzel bun w/ fries*)

L&R bacon cheeseburger	£8
Katsu chicken burger	£9
Nacho chilli cheeseburger	£9.5
Spicy bean burger (ve)	£8
-upgrade to loaded fries	+ £2.5

## Dogs (*brioche bun / crispy onions w/ fries*)

Classic diner dog w/ ketchup, mustard, crispy onions	£6
Chilli dog w/salsa & sour cream	£7
Curry dog w/coriander & crispy onions	£6
BBQ pulled Hog Dog	£7
-upgrade to loaded fries	+ £2.5

## Stone-baked pizzas (*on fresh sourdough*)

Goats cheese, spinach & onion marmalade (V)	£10
Margherita (V)	£8
Wild mushroom, rocket, parmesan (V)	£9
Prosciutto ham, black olives	£11
Spinach, pine-nut, vegan cheese(ve)	£10
"Cheeseboard" pizza w/ crackers, onion marmalade (V)	£10

Sloppy joe / chilli & jalapenos	£11
Texan BBQ / chicken, bacon, onion	£11
Pepperoni & mozzarella	£11
Spicy pepperoni & fresh chillis	£11
Veggie feast / mushrooms, peppers, corn, onions, artichoke, vegan cheese(ve)	£11
Meat feast / pepperoni, pulled pork, chorizo, chilli beef	£12

## Sharers / Megas

Ultimate L&R Bin Lid - Nachos / Wings / Ribs / Tenders / Slaw / Home Fries / Onion rings	£25
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Mega Sharer Pizza -any pizza ... 18 inch ...	£18
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## Desserts

Homemade rotating cheesecake (V)	£5	Hot fudge sundae w/popping candy (V)	£6
- ask for today's special			

Please order at the bar / Ask us for our kids menu

Please see your server if you have any allergen requirements. Due to the processes in our kitchen we cannot guarantee any of our food is gluten/nut free.

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## BREAKFAST MENU 10:30AM - 2PM

### Hot Drinks / Juices

Roasted filter coffee / or Breakfast tea mug (free refills)	£2.5	Orange / Apple / Grapefruit juice	£1.5
Americano/Espresso	£2.2	Hot choc / marshmallows & cream	£3
Latte / Cappuccino / Flat white	£2.5	Speciality teas - (-for full selection see at the bar)	£3
-Syrups (Caramel/Almond/Vanilla) +	£.50	Cop's Breakfast - roasted filter coffee w/ 3 donuts (V)	£6.5

### Big Breakfasts

Full English - fried egg / sausage / bacon / black pudding / toms / mushroom / homemade hash / toast	£8.5
Full Veggie - 2 veggie sausages / fried eggs / mushrooms / beans / toms homemade hash / veggie black pud / toast (V)	£8
Full Vegan - 2 vegan sausages / toms salsa / mushrooms / refried beans / tofu hash / spinach / toast (ve)	£7.5

### American BBs

American big breakfast - 2 fried eggs / home fries / pancake / bacon / sausage / beans w/ side of maple	£10
Steak & eggs - rump steak / onions/ mushrooms / 2 fried eggs	£10.5
Huevos rancheros - fried eggs / salsa / refried beans / chorizo / on toasted tortilla (V option available)	£8.5
Bagel breakfast - Fried eggs / spinach / bacon / avo / toms / cream cheese	£7.5

### On Toast

Streaky bacon sarnie w/ red sauce	£5
Spiced sausage butty	£5
Beans on toast (ve)	£4
Mushrooms on toast (ve)	£4
<i>-gluten free option available</i>	

### On Bagels

Poached egg & smashed avocado (V)	£6
Smoked salmon & scrambled eggs	£6.5
Sausage, bacon, egg & cheese	£5.5
Avocado & tomatoes (ve)	£5.5

### Waffles & Pancakes

<i>-Homemade waffle or buttermilk pancakes</i>		Maple & butter	£4
Bacon & maple	£5	Wild berries & cream (V)	£4.5
Bacon & fried egg	£6	Salted caramel & banana (V)	£5

### Extras / Sides

Doorstep toast (ve)	£2	Eggs -2 fried/poached/scrambled (V)	£2.5
Home fries (ve)	£2.5	*Egg upgrade - change the fried eggs on your brekkie to poached / scrambled	£1.5
Beans (ve)	£2		

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